

How to be a GREAT LEARNER

Start learning NOW

Don't wait for a test.

HEAR during lessons

Hints on how to be an active listener.

Halt: Stop whatever else you're doing.

Engage: Focus on and look towards the speaker.

Anticipate: Get curious! What will they say next?

Replay: Write down conclusions or main points.

BEST home learning

Habits that will help you to work efficiently.

Breaks: Plan in advance and get back to work after.

Eat healthy: And never miss breakfast.

Sleep: Get enough of it, avoid staying up late often.

Turn off: Anything that is distracting you.

Be ORGANISED

Do plan.

Don't procrastinate.

- Use a **diary** and/or a To Do list.
- Break larger tasks into **smaller** pieces.
- Include **reminders** for distant due dates.
- Plan a study schedule as **soon** as possible for tests.