

**When I Pray…**

**Give God praise**

* Helps you to put your trust in Him.
* Focus on God and the amazing things He does.

**Say it openly, from the heart**

* Say your actual feelings and try to use your words and phrases.
* Don’t hold back anything from Him in our thoughts and feelings – be totally open.

**Speak to God as a Father**

* You can share your emotions with Him and trust Him to care for you in every way.

**Give God respect and reverence**

* Remember that He is holy and very great.

**Acknowledge God’s will**

* Remember that His will is what is best for us and that He has a great plan for you and the world – try to keep your desires in line with this.

**Acknowledge your dependency and need**

* Tell God how much you need Him and recognize that He supplies all of your needs.
* Bring all your faults and mistakes to him and remember that He is a God of mercy.

**Remember others**

* This helps you to keep other people’s needs in view, not just your own.

**Have open hands**

* This helps change your mind set in prayer to one of thanks and praise.

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