

# RESOURCE 4: SELF-REFLECTION

Through the radargraph, consider the key findings that you discovered about yourself:

<p><b>AREAS OF STRENGTH</b> (a minimum of 5)</p>	<p>In this section, consider your key strengths:</p>
<p><b>AREAS OF DEVELOPMENT</b> (a minimum of 5)</p>	<p>In this section, consider the areas that require further development:</p>
<p><b>ACTION PLAN</b></p>	<p>List a minimum of 3 key actions or activities that you will undertake to further improve areas that require development. Complete the information below:</p>

AREA OF DEVELOPMENT	GOAL	ACTION	RESOURCES REQUIRED