

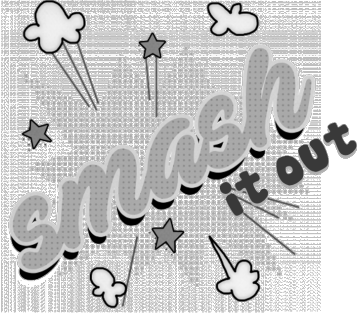
# G♦I♦H♦A♦S♦L

Take 5 min to organize your week. Simple. Redeem the time. Get it happening!

| Week _____                         | MON    | TUE    | WED    | THU    | FRI    | SAT                                   | SUN |
|------------------------------------|--------|--------|--------|--------|--------|---------------------------------------|-----|
| <b>ASSESSMENTS &amp; DUE DATES</b> | •<br>• | •<br>• | •<br>• | •<br>• | •<br>• | <b>WHEN AM I BUSY?</b><br>•<br>•<br>• |     |

## FRIS – I’LL GET THIS HAPPENING!

|   |              |              |              |              |              |
|---|--------------|--------------|--------------|--------------|--------------|
| <p><i>Tips for getting going:</i></p> <ul style="list-style-type: none"> <li>• Put distractions aside!</li> <li>• Find a quiet space or put earbuds in with background music.</li> <li>• AIM to SMASH stuff out for 25min and do a POMODORO (set a timer)</li> <li>• Just get STARTED...</li> </ul> | Lesson _____ | Lesson _____ | Lesson _____ | Lesson _____ | Lesson _____ |
|   | •            | •            | •            | •            | •            |
|   | •            | •            | •            | •            | •            |
|   | Lesson _____ | Lesson _____ | Lesson _____ | Lesson _____ | Lesson _____ |
|   | •            | •            | •            | •            | •            |
|   | •            | •            | •            | •            | •            |



## EVENINGS – I’LL GET THIS HAPPENING!

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| <p><i>*smash out short things done as soon as you get them</i></p> <p><i>*Update and prioritize your list each day before you start in evening.</i></p> | • | • | • | • | • |
|   | • | • | • | • | • |
|   | • | • | • | • | • |
|   | • | • | • | • | • |

**Key:** make a list of top 3 things and then strike them off the list as you go. Give each an estimated time to complete (ETC).  
**Key:** get 25 min done as soon as you get home from school and have grabbed grub and a drink.

## WEEKEND – I’LL GET THIS HAPPENING!

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