**Food order and Planning sheets**

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| **Name:** | **Recipe: \*must attach recipe sheet!** |
| Lessons: | **Day/Date of Prac:** | **Record items and quantities carefully & clearly** |
| QTY: *(g or mL)* | **Fresh (Fruit and Veg)** | QTY: *(g or mL)* | **Frozen** |
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| QTY: *(g or mL)* | **Herbs and Spices** | QTY: *(g or mL)* | **Butcher**  |
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| QTY: *(g or mL)* | **Pantry** | QTY: *(g or mL)* | **Fridge (Dairy, Eggs etc)** |
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