**🤔🤔 Reflection Prompts 🤔🤔**

**!!!IMPORTANT!!!
Read this first**

Only use these prompts as a starting point or if you are stuck.

If you try to just answer all of these questions you will have very shallow reflection that will not be based on your own thoughts.

**The goal of the reflection**

The two things you are reflecting on are:

* How your ‘journey’ from who you are now to who you want to be is going.
* The feedback others gave you about who you are now and who you want to be.

**Who I am now**

Did you feel like you had a clear idea of who you were or did it take some thought?

Were there strengths/weaknesses/personality traits that you identified that surprised you?
Did those you got feedback from agree with your assessment of who you are?

**Who I want to be**

Did you feel like you had a clear idea of who you want to be or did it take some thought?

What inspired your vision of who you want to be?
How did those you got feedback from react to your vision of who you want to be?

**The Journey**

Are there things that you know are essential to becoming who you want to be?

Do you think that your current behaviour/attitudes/skills etc. will allow you to reach your vision of who you want to be?