**Do Not Be Anxious**

Mat 6:25  Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?

Mat 6:26  Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?

Mat 6:27  Which of you by taking thought can add one cubit unto his stature?

Mat 6:28  And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:

Mat 6:29  And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.

Mat 6:30  Wherefore, if God so clothe the grass of the field, which to day is, and to morrow is cast into the oven, *shall he* not much more *clothe* you, O ye of little faith?

Mat 6:31  Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed?

Mat 6:32  (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

Mat 6:33  But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

Mat 6:34  Take therefore no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day *is* the evil thereof.