**Review c - My Personal Goal(s)…**

Look at the Personal Goal(s) you set earlier, and answer the following questions (for each goal):

1. How well have you been able achieve your goal(s)? Explain why you say that.
2. What strategies (minimum 3) did you use to achieve your goals? Which ones were the *most effective and why do you say that* (explain thoroughly)?
3. Which Capabilities have or might have helped you achieve your goal better or more efficiently? Explain.