**Student Worksheet – Example using the Personal Development Capability**

**Example Research Topic**:  **Produce a design and work plan suitable for a mural outside the local swimming pool**

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| Aspects of the **Personal Development** capability | **How might this capability be relevant to my research topic?**  (Remember that you don’t have to cover every aspect.) | **How have I applied or found this capability relevant so far?** | **What did I learn from this Research Project about my Capability?** |
| * build self-confidence, self awareness, interpersonal, and intra-personal skills |  |  |  |
| * show initiative and use their creative abilities | * *I am taking the initiative by approaching the Council with a design and work plan. Usually a work plan is in response to a design brief but I am taking the initiative by suggesting the idea of a mural and producing both a design and work plan.* * *I also have strong opinions about the role of art in public spaces and would like to share these ideas with the Council.* * *My creative abilities will be shown in the design and work plan.* |  |  |
| * improve their skills in planning, problem solving, and managing a complex extended project |  |  |  |
| * develop their personal attributes such as resilience, persistence, resourcefulness, empathy, and respect for others |  |  |  |
| * understand the nature of the personal development capability and its relevance to their research, for example;   - the notion and construction of identity  - respect of diversity of difference and an openness to different perspectives and experiences  - learning about their own wellbeing while learning about physical, social, emotional, spiritual and environmental matters | * *I want to know what themes and ideas are considered important in the design of murals and how the decisions about this are made. The tradition for many murals is that they reflect local ‘identity’. Who decides what local identity actually is? How much input does the artist have in interpreting the suggested themes?* * *I would imagine that respect of diversity of difference and an openness to different perspectives and experiences will be something I’ll have to pay attention to as part of my project.* |  |  |