**Tropical Crush**  
 serves 2

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1 cup (240g) passionfruit yoghurt

1 cup (200g) crushed pineapple in natural juice

2 mango cheeks (fresh or tinned) or 200g frozen

4 fresh mint leaves

2 cups ice

1. Put all the ingredients in a blender and mix until smooth and thick.

2. Pour into 2 chilled glasses and serve with a thick straw and spoon.